

# Brain Injury and Beyond: Effective strategies for challenging situations

Presented by Ben Woodworth, MSW

The Brain Injury Association of Montana is offering a hands-on, practical, and extremely rare training opportunity for Montana service providers!



**August 10, 2010** Missoula

Hilton Garden Inn located at 3720 N. Reserve St.  
406-532-5300

**August 12, 2010** Billings

Hilton Garden Inn located at 2465 Grant Road  
406-655-8800

**Visit [www.biamt.org](http://www.biamt.org) to register today!**

## Conference Schedule

- 8:30 am Check in  
9:00 am Part I: The Impact of Brain Injury: Challenges, Strategies and Resources  
11:00 am Open discussion and questions  
11:30 am Lunch (provided) local guest speaker  
12:30 pm Part II: Putting the "fun" back in function: Helping people work on goals that matter  
2:30 pm Part III: Strategies for working effectively with behavioral upset after brain injury  
4:00 pm Wrap up

**Registration Fee: \$135 Includes Lunch** Free membership in the Brain Injury Association of Montana for first time members (a \$50 value) and 50% savings for renewing members at time of registration.

**Approved Continuing Education:** Licensed Clinical Social Workers, Professional Counselors, Licensed Addiction Counselors, and Marriage and Family Therapists, and Occupational Therapists

**Applications for Continuing Education have been submitted for:** Certified Rehabilitation Counselors, Speech-Language Pathologist and Audiologists, Certification Program CE credits for WC Examiners. This activity has been submitted for approval by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

**This training is also applicable for:** Physical Therapists and Nursing Home Administrators  
**Please call Kristen at 406-541-6442 for additional information.**

## **Read what attendees have to say:**

*"Very informative, great new ways to look at behavior issues and the examples of personal experiences that were given weren't things that could be learned from books!"*

*"An upbeat, relevant presentation. It's a treat to hear a presenter who is so knowledgeable and experienced!"*

*"The speakers engaged participants and there was eye opening information on brain injuries."*



**Brain Injury Association of Montana 406-541-6442 or 800-241-6442 (in-state only)**

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Ben Woodworth, the Brain Injury Training Director of the Iowa Association of Community Providers, possesses 15 years experience working with individuals experiencing brain injury and has a passion for supporting individuals who struggle with behaviors often considered challenging and difficult. Mr. Woodworth serves on the Mayo Clinic's TBI Model Systems Advisory Committee.

## **Part I: The Impact of Brain Injury: Challenges, Strategies, and Resources**

Part I covers factors influencing outcomes after brain injury, changes experienced by individuals after brain injury, and functional strategies for working effectively with changes after brain injury. Participants will be able to:

- ◇ Identify factors influencing outcomes after brain injury.
- ◇ Identify cognitive, physical, and social changes after brain injury.
- ◇ Identify strategies to utilize for successful outcomes when working with individuals experiencing brain injury.

## **Part II: Putting the "fun" back in function: Helping people work on goals that matter!**

Part II introduces proactive treatment and the importance of utilizing guiding principles when working with individuals with brain injury. It explains how to effectively develop goals with individuals experiencing brain injury, identify how to make goals functional and meaningful, provides specific interventions and techniques for use in service provision and availability of community resources and supports. Participants will be able to:

- ◇ Identify the 5 guiding principles of staff and participant interaction.
- ◇ Describe the importance of setting meaningful goals.
- ◇ Identify at least 2 ways to set effective and functional goals with individuals.
- ◇ Identify methods for locating brain injury specific resources.

## **Part III: Challenging Behavior: It happens and you can HELP!**

Part III provides specific interventions to utilize during behavioral upset and explains how to develop plans and strategies to assist individuals in managing their own behaviors. Additionally, a brief overview of incidence and prevalence will be provided to explain why brain injury is a public health epidemic. During this block, participants will:

- ◇ Identify how cognitive, physical, and social changes after brain injury can impact behavior.
- ◇ Identify strategies for working with behavioral challenges after brain injury.
- ◇ Identify at least three potential ways to intervene in situations of behavioral upset.